

Community Choices provides information to empower older adults and people with disabilities to advocate for themselves  
**In Connecticut Call 1-800-994-9422 or visit**

[www.aopartnerships.org](http://www.aopartnerships.org)  
[www.centerfordisabilityrights-ct.org](http://www.centerfordisabilityrights-ct.org)



Community Choices is made possible by an Administration on Aging grant through the State of Connecticut and is staffed by the Agency on Aging of South Central Connecticut and the Center for Disability Rights. Both organizations are at the forefront of promoting empowerment and self-reliance for older adults and persons with disabilities.



*Your aging and disability information source*

Community Choices is your “one-stop” information gateway for:

- Community resources
- Options counseling
- Referrals for employment assistance
- Referrals for care management
- Planning for the future
- Advocacy

**Community Choices empowers individuals to advocate for themselves  
In South Central Connecticut Call 1-800-994-9422**



## Our Mission



To assist individuals 18 and older who are seeking services and support, regardless of age, disability or income, through a coordinated system of information and access.

## What We Do

Community Choices is a resource hub of information - information that can range from a simple name and phone number to detailed help concerning community services, policies and procedures, and assistance with completing benefits applications.

Our goal is to empower individuals to advocate for themselves. If you:

- don't know where to go for help
- have been denied benefits or services for which you feel you are eligible
- need assistance with communicating your needs
- have a complaint about service

## We can help!

Information About Community Resources:

- Adult day care
- Disability services
- Elder abuse prevention
- Employment, financial, housing, and equipment assistance
- In-home services
- Legal services
- Mental health/substance abuse services
- Transportation
- Nutrition

## Our Service Area

Community Choices serves the following towns and cities in Connecticut: Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Haven, North Branford, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven and Woodbridge.